

Monday: 8 Weeks March 19 – April 30 (NO class April 2)

Chess Scholars Afterschool Chess Club

Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas, including mathematics and language arts. Also, chess has been proven to enhance children's motivation, concentration, focus, social skills, and creativity. No previous knowledge of chess is necessary. Each class will consist of a fun interactive teaching period and guided practice time. Both beginner and experienced players are welcome and will get to the next level under the guidance of an experienced Chess Scholars coach. There will also be a chess competition with prizes at the end of the session!

Instructor's Name: Karen Reese & Benjamin Zaporski
Room: Science Lab
Dates: March 19, 26; April 9, 16, 23, 30; May 7, 14
Time: 3:30- 4:30
Cost: \$120
Minimum Students in Class: 8
Grades: K-8



Yoga and Mindfulness

Spend one hour winding down and relaxing your mind while at the same time increasing your strength and flexibility. You will learn how yoga and mindfulness benefit your overall health and wellness. Not only will you follow a specific routine but you will also play games and learn strategies to take with you to share with your family. You will need to wear comfortable clothing, bring a healthy snack (no added sugar), and bring a yoga mat.

Instructor's Name: Erica Maliszewski
Room: Music Room
Dates: March 19, 26; April 9, 16, 23, 30; May 7, 14
Time: 3:30- 4:45
Cost: \$85
Minimum Students in Class: 10
Grades: 6-8



Tuesday: 8 Weeks March 20 – May 15 (NO class April 3)

Little Medical School – First Aid, the Brain & Bones

In this 8-week course, students will learn how to respond when basic first aid is needed as they make their own first aid kits. They will build a model of the brain, a model of the spine, learn all the bones in the human skeleton, and much more! Students will receive a diploma when they graduate at the end of the course. For more information, visit www.littlemedicalschool.com/detroit.

Instructor's Name: Nicole Matoian
Room: 112
Dates: March 20, 27; April 10, 17, 24; May 1, 8, 15
Time: 3:30 - 4:30
Cost: \$110
Minimum Students in Class: 6
Grades: K-5



Golf Club

Our curriculum was designed by industry-leading golf professionals and education specialists to ensure lesson plans are age-appropriate and easy to understand and retain. Students will experience a mix of golf instruction, rules and etiquette, character development lessons and physical activity. Our instructors have a passion for working with children and are trained to help your child-athlete develop a strong foundation of skill, knowledge and passion for the sport. ALL necessary equipment will be provided to attend this class. Students receive a TGA hat and student handbook on their first day. All students receive a hat clip on the final day.

Instructor's Name: Thomas Leone
Room: Gym
Dates: March 20, 27; April 10, 17, 24; May 1, 8, 15
Time: 3:30- 4:30
Cost: \$149
Minimum Students in Class: 4
Grades: K-8



Tuesday: 8 Weeks March 20 – May 15 (NO class April 3)

Yoga and Mindfulness

Spend one hour winding down and relaxing your mind while at the same time increasing your strength and flexibility. You will learn how yoga and mindfulness benefit your overall health and wellness. Not only will you follow a specific routine but you will also play games and learn strategies to take with you to share with your family. You will need to wear comfortable clothing, bring a healthy snack (no added sugar), and bring a yoga mat.

Instructor's Name: Erica Maliszewski

Room: Music Room

Dates: March 20, 27; April 10, 17, 24; May 1, 8, 15

Time: 3:30- 4:45

Cost: \$85

Minimum Students in Class: 10

Grades: K-5



Wednesday: 8 Weeks March 21 – May 16 (NO class April 4)

Jewelry Making

Learn jewelry and the Art of Adornment with beads. You will learn to string beads to create bracelets, necklaces; both single and multi-strands. We will make earrings, explore wire work and knotting between beads and tassels. At the end of our 8 weeks together, we'll have a showcase for your parents.

Instructor's Name: Jennifer Vermeersch

Room: 106

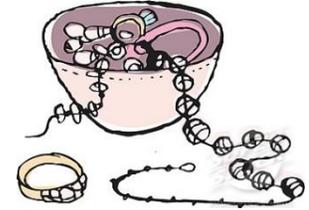
Dates: March 21, 28; April 11, 18, 25; May 2, 9, 16

Time: 3:30- 5:30

Cost: \$90 includes materials

Minimum Students in Class: 8

Grades: K-5



Guitar Stars

No previous knowledge of guitar or music is necessary. A guitar is required for this class. Children will learn the fundamentals of guitar playing, including holding the guitar and pick, proper fret-hand finger position, sight-reading, playing by ear and playing basic songs. Returning students will be taught chords and other harmony parts to accompany the class. Returning students will also be taught "blues" scales and will be encouraged to improvise with these scales. Each child will receive a participation award and guitar-related prizes.

Instructor's Name: Neal Wright

Room: 107

Dates of Class: March 21, 28; April 11, 18, 25; May 2, 9, 16

Time: 3:30- 4:30

Cost: \$142

Minimum Students in Class: 8

Grades: 1-8



Thursday: 8 Weeks March 22 – May 24

(NO Class March 29 or April 5)

Drama: Stage Stars

Your time to shine, it's acting time! In Stage Stars children will learn theater terms, play games, and act in short skits. During theater games, students will use their creativity to communicate and improvise. The carefully selected skits are based on folk tales that teach cooperation and positive moral values. Every student will have the opportunity to play at least one lead role per session. Also, Stage Stars participants can earn prizes for identifying and explaining parts of a skit and goals of the characters. Each child will receive a participation award. Parents are invited to attend the final performance on the last day of class!

Instructor's Name: Sukhsatej Batra

Room: Room 103

Dates: March 22; April 12, 19, 26; May 3, 10, 17, 24

Time: 3:30- 4:30

Cost: \$126

Minimum Students in Class: 8

Grades: K-5



Jewelry Making

Learn jewelry and the Art of Adornment with beads. You will learn to string beads to create bracelets, necklaces; both single and multi-strands. We will make earrings, explore wire work and knotting between beads and tassels. At the end of our 8 weeks together, we'll have a showcase for your parents.

Instructor's Name: Jennifer Vermeersch

Room: 106

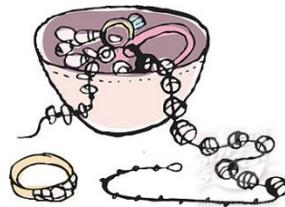
Dates: March 22; April 12, 19, 26; May 3, 10, 17, 24

Time: 3:30- 5:30

Cost: \$90 includes materials

Minimum Students in Class: 8

Grades: 6-8



Thursday **Specials:** March 22 and May 3

Sewing

Love fashion? Want to design your own clothing? Learn how to create garments from scratch! Work with fashion designer, Elena Victoria, to make your very own garment. Each class will be themed for the appropriate holiday. Projects range from basic clothing to handy accessories. Children ages 7-14, all levels of experience are welcome. This class includes instruction in machine sewing techniques. Students who have their own sewing machines are encouraged to bring them to the class to practice on. Supplies and materials will be provided including sewing machines, fabrics, trims, buttons, as well as a light snack. This class is for boys and girls! View photos from previous classes at www.elenavictoriadesigns.com.

Classes run on selected Thursday afternoons from 3:30PM – 5:30PM at Holy Name Catholic School. Attend one class for \$75 or \$50 each class if you register for more than one class.

Instructor's Name: Elena Victoria

Room: 209/Spanish room

Dates:

March 22 - Easter

May 3 – Mother's Day

Time: 3:30- 5:30

Cost: \$75

Minimum Students in Class: 5

Grades: 1-8

