

# Living the Eucharist for the Family

I helped someone in my neighborhood.	I thank God for all I have.	I cleaned up my room without being asked.	I prayed for someone in need.	I worked hard when I was struggling with a task.
I apologized for something I did.	I gave a family member a compliment.	I accepted help.	I gave a family member encouragement on a difficult task.	I thanked a family member/friend.
I set the table without being asked.	I participate in Church.	I helped someone in need.	I picked up litter in the neighborhood/park.	I did the dishes without being asked.
I was honest when I did something wrong.	I told someone when they did a good job.	I let someone go first in a game.	I gave a note of thanks to someone who helped me.	I helped someone who was sick.
I put my electronics away to hang out with someone.	I did someone a favor without asking for anything in return.	I helped take out the garbage.	I help clean the yard.	I forgave someone.