

## Our Third Grade Retreat Was Today! 😊

September 3, 2019



Dear Parents,

The third graders participated in a wonderful class retreat today! We hope that you ask your child about their experience and how they grew closer to Jesus and learned to Live the Eucharist through the activities. Here is a little bit of information about our retreat. We chose to center our retreat on this year's annual theme "Living the Eucharist" and to hold our retreat after the first all-school liturgy as it helps our students to better understand and live out this theme throughout the year and builds upon Msgr. Zenz's reflections. Our morning retreat was filled with dynamic lessons and engaging activities related to our Living the Eucharist theme.

We:

- heard an explanation of our annual theme, Living the Eucharist
- read and discussed the Bible story of The Feeding of the Five Thousand: Jesus' Miracle after Thanking God (John 6:1-15)
- learned a song, "We Are Thankful to Our God", and added our own blessings as lyrics
- created a thank you note for someone in our life as a way of expressing the gratitude that the Eucharist inspires
- discussed a Living the Eucharist chart that we will be using in our classrooms
- received a Living the Eucharist chart for us to use with our families at home
- participated in a time of prayer

We hope that you help your child to extend their retreat experience by continuing to grow their love of Jesus in the Holy Eucharist and inspired by this love to live out the virtues of gratitude and kindness through their thoughts, prayers, words, and actions every day. The Bible verses, song, Living the Eucharist chart and practice of creating thank you notes can be referred to and used again and again to lift your child's spirit and the spirits of those around them. These resources are available on our Holy Name website ([school.hnchurch.org](http://school.hnchurch.org)) under the Spiritual Formation tab.

Blessings in Christ,

Mrs. Mary Freeman  
Retreat and Outreach Coordinator

Mrs. Barb Wyszynski  
Third Grade Teacher

Mrs. Sarah Castro  
Third Grade Teacher

