

The Rainbow Connection Reflection

1. Read the following Scripture verses. Write a reflection about how one of the verses connects to our service project at The Rainbow Connection.

Matthew 25:40 – “Truly, I say to you, whatever you did for one of these least brothers of mine, you did for me.”

Jeremiah 29:11 – “For I know well the plans I have in mind for you, says the Lord, plans for your welfare, not for woe! Plans to give you a future full of hope.”

Matthew 19:14 – “Jesus said, ‘Let the children come to me, and do not prevent them; for the kingdom of heaven belongs to such as these.’”

John 15:7-9 – “If you remain in me and my words remain in you, ask for whatever you want and it will be done for you. By this is my Father glorified, that you bear much fruit and become my disciples. As the Father loves me, so I also love you.”

2. Write a prayer for The Rainbow Connection, including the recipient children and families, the staff, and the volunteers. Information to give you ideas for how to structure a prayer are listed on the back of this page.

P.R.A.Y. – parts of prayer

P – Praise: Recognize God’s goodness and give Him thanks

R – Repent: Say sorry for ways we fall short of living out virtue and ask for forgiveness

A – Ask: Ask for a need or blessing

Y – Yield: Be open to God’s Will (His plan) and led by the Holy Spirit.

The Our Father is not only a prayer but is also a teaching from Jesus about all prayer. Here are 10 parts of what Jesus is teaching us to include in our prayer. You can use some or all of these in your prayer.

1. Recognize Who God is as our Creator and Heavenly Father Who loves us.
2. Praise God in His goodness.
3. Recognize God’s power and plan for good.
4. Place God’s will and desires as priority.
5. Recognize the connection between heaven and earth. – God is present everywhere and as we grow in holiness, we live more fully in closeness to His presence and bringing about His plan.
6. Seek and receive communion with God.
7. Ask for and receive forgiveness from God.
8. Forgive others.
9. Ask for mercy and strength.
10. Ask for protection and to receive salvation.